



September 1, 2010
Hudson River Rowing
Association Boathouse
5pm - 8pm

Office Chair Challenge Team Registration

TEAM NAME: _____

COMPANY REPRESENTED: _____

CHAIR RIDER'S NAME: _____

PIT BOSS' NAME: _____

EMAIL ADDRESS: _____ PHONE NUMBER: _____

ADDRESS: _____

T-SHIRT SIZES: SM____ MED____ LARGE____ XL____ XXL____
 (for each team member)

Have you ever volunteered for the Request the ENERGY program before? YES____ NO____

Would you like more information regarding volunteer opportunities? YES____ NO____

ENTRY FEE: \$50 per team of 2. Includes food for each person, event t-shirt, opportunity to hang team/company banner (2x3 max), listing on the ENERGY website.

Make Checks Payable to: Dutchess County Regional Chamber of Commerce
 1 Civic Center Plaza, Suite 400, Poughkeepsie, NY 12601
 Please put ENERGY Office Chair Challenge in the Memo

Print this registration page and a signed copy of the liability waiver and mail it in today or fax it to 845-454-1702 or email it to Jennifer@dcrroc.org. Deadline for Registration is August 19, 2010

Sponsors Include:

Hudson Valley Office Furniture | 101.5 WPDH
Carter MGM Insurance Agency LLC
Foam and Wash Car Wash & Oil Change Plus | Poughkeepsie Nissan



Rules & Requirements

An Office Chair Challenge Team consists of two persons and one office chair

Pit boss is the source of propulsion for the course, holds the life of the rider in their hands, and is mainly responsible for making sure there are no casualties

The rider is the brave soul that sits in the chair for the extent of the race

Office Chair Requirements:

- Must have at least three wheels or casters
- Must have a swivel base
- Must have been used for at least one day (8 hours) in your office before race day
- Modification is allowed and encouraged!

Protective Gear

- All team members are required to wear a helmet. All helmets must be certified by an Office Chair Challenge Official at check in.
- Other protective gear (elbow & knee pads, chest guards) is encouraged as an Office Chair Challenge is a dangerous sport.
- Team uniforms are encouraged among all team members.

HOW TO WIN - OBSTACLE COURSE

Rule #1

- Each competitor must have his or her rear firmly planted in the seat of the chair at all times. Locomotion may be provided in any manner (with the exception of other people) so long as this rule is observed.
- If the chair tips over, the competitor must right the chair and sit back down in it before continuing.

Rule #2

- The rider may not intentionally interfere with another chair. If a rider intentionally interferes with another rider the team will be disqualified.
- Enforcement of rules will be handled by a certified Office Chair Challenge Official and will not be subject to appeal or public trial.
- The winner is the first to cross the finish line in each heat without being disqualified.

Prizes

Prizes will be awarded to the top two chairs in the tournament. The Foam & Wash Car Wash & Oil Change Plus traveling trophy will be inaugurated into the event for the Office Chair Challenge champion and will be present at all ENERGY networking and Educational events.

In addition prizes will also be awarded for:

- The team with the most team spirit
- The most creative chair